What are the 3-5 signs that I am at risk of burn out?

1.

2.

3.

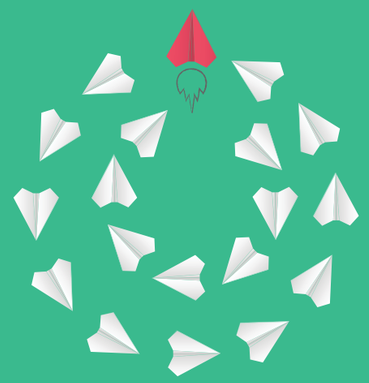
4.

5.

Who inspires me as a leader and why?

What kind of leader do I aspire to be?

What values are most important to me as a leader?



Leadership

Where do I get my energy from?

How will I respond to change as a leader?

I will...	I won't...

What are three things I can say to my team to build empowerment and psychological safety?

1.

2.

3.